**COUPLE CLIENT INFORMATION**

**Names: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Referred by: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ May I thank her/him? \_\_ Y \_\_ N**

***Relationship Information***

**Current Relationship Status: ­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Length of Relationship: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Have you ever broken up or separated? \_\_\_\_\_\_\_ If yes, how many times? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Have you ever done any other couple’s counseling? \_\_ Y \_\_ N With whom & when? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Briefly describe the problem(s) that is bringing you in: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**What has already been done to address this? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**As a couple, what is the desired outcome in coming in? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**How intense is this problem? Partner #1, mark scale with an X; Partner #2, mark scale with an O.**

**Not At All Moderately Extremely**

**Children:**

**NAMES AGES HIS/HERS/OURS**

**COUPLE CLIENT INFORMATION page 2**

***AS A COUPLE:*** Check any of the issues below that are contributing to problems or concerns in your relationship.

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | **Abortion** |  | **Financial Troubles** |  | **Self-Esteem** |
|  | **Abuse – Emotional** |  | **Friendship Problems** |  | **Self Injury** |
|  | **Abuse – Physical** |  | **Gambling** |  | **Sexual Abuse/Assault** |
|  | **Abuse – Verbal** |  | **Gender Identity** |  | **Sexual Arousal** |
|  | **Adoption** |  | **Grief** |  | **Sexual Compulsive Behaviors** |
|  | **Alcohol Use/Misuse** |  | **Health Concerns** |  | **Sexual Desire Differences** |
|  | **Anger** |  | **Hostility** |  | **Sexual Orientation** |
|  | **Anxiety/Nervousness** |  | **Impulsiveness** |  | **Sexual Pain or Discomfort** |
|  | **Career concerns** |  | **Infidelity/Cheating** |  | **Sexual Performance** |
|  | **Childhood issues** |  | **Irritability** |  | **Shyness** |
|  | **Children/Family Planning** |  | **Lacking Love & Affection** |  | **Sleep** |
|  | **Concentration** |  | **Laziness** |  | **Smoking/Tobacco Use** |
|  | **Communication** |  | **Legal Matters** |  | **Spirituality** |
|  | **Crying** |  | **Loneliness** |  | **Stress** |
|  | **Debt** |  | **Loss of Interest in Activities** |  | **Suicidal Thoughts, Plan or Intent** |
|  | **Dependence** |  | **Loss of Interest in Sex** |  | **Temper Problems** |
|  | **Depression** |  | **Mood Swings** |  | **Violence or Threats of Violence** |
|  | **Divorce/Separation** |  | **Motivation** |  | **Weight/Body Image** |
|  | **Domestic Violence** |  | **Nightmares** |  | **Work Issues** |
|  | **Drug Use/Misuse** |  | **Obsessions/Compulsions** |  | **Other concerns or issues:** |
|  | **Eating Concerns** |  | **Orgasm Issues** |  |  |
|  | **Education/School** |  | **Panic or Anxiety Attacks** |  |  |
|  | **Fatigue** |  | **Pornography Use** |  |  |
|  | **Fears or Phobias** |  | **Relationship Problems** |  |  |

**COUPLE CLIENT INFORMATION page 3**

The purpose of **COUPLES’ THERAPY** is for reconciliation and healing and is at cross-purposes of a legal action, which is adversarial by definition. No information may be released for either party without the written consent of both parties because technically, the relationship is the client. This makes all information from the therapy available to both sides. Therefore, I find it in the best interest of the therapeutic process for both parties to agree not to subpoena the therapist or the client records in the event of a divorce, custody trial, or other legal proceeding.

***I understand and agree not to subpoena therapy records or the therapist in the event of a legal proceeding.***

**Signature \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Signature \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

In **FAMILY THERAPY**, the family is the client. No information may be released without the written consent of all parties to whom confidentiality belongs. As outlined in the couples’ therapy section (above), I find it in the best interest of the therapeutic process for all parties to agree not to subpoena the therapist or the client records in the event of a divorce, custody trial, or other legal proceeding.

***I understand and agree not to subpoena therapy records or the therapist in the event of a legal proceeding.***

**Signature \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Signature \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Signature \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Signature \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Additionally, we understand any information received from any party via phone calls, voice mail, or written communication will not generally be kept secret from the other party/parties as this impedes the therapeutic process and relationship.**

**All parties must initial. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**COUPLE CLIENT INFORMATION page 4**

***Personal Information – Partner #1***

**Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_ DOB: \_\_\_\_\_\_\_\_\_\_\_\_\_**

**Address: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Cell Phone: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Other phone: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ May messages be left? \_\_\_\_ Y \_\_\_ N**

**E-mail: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ SSN: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Emergency Contact (other than partner):\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Phone: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Physician: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Medications: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Occupation/Employer: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Partner #1: Number of previous marriages: \_\_\_\_\_\_\_ Divorce Finalized? Y\_\_\_\_ N\_\_\_\_**

**Divorce Reason(s):\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**List 3 qualities you like *most* about your partner List 3 qualities you like *least* about your partner**

**1. 1.**

**2. 2.**

**3. 3.**

**List 3 things you *like* doing with your partner List 3 things you *don’t like* doing with your partner**

**1. 1.**

**2. 2.**

**3. 3.**

**List 3 *strengths* your partner brings to the relationship List 3 strengths you bring to the relationship**

**1. 1.**

**2. 2.**

**3. 3.**

**Briefly describe any concerns you have about your partner’s friendships, work habits, finances, health, coping skills, values, etc.:**

**COUPLE CLIENT INFORMATION page 5**

**Partner #1 continued**

**List any “red flags” you had early in this relationship (even if they were ignored):**

**Describe efforts you have made to better your relationship:**

**Please list your specific goals for couple’s therapy at this time:**

**1.**

**2.**

**3.**

**I, \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_, give my written consent to share the information I have provided on this form with my partner, \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_, during couple’s therapy.**

**Partner #1 Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**COUPLE CLIENT INFORMATION page 6**

***Personal Information – Partner #2***

**Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_ DOB: \_\_\_\_\_\_\_\_\_\_\_\_\_**

**Address if different than Partner #1: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Cell Phone: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Other phone: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ May messages be left? \_\_\_\_ Y \_\_\_ N**

**E-mail: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ SSN: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Emergency Contact (other than partner):\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Phone: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Physician: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Medications: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Occupation/Employer: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Partner #2: Number of previous marriages: \_\_\_\_\_\_\_ Divorce Finalized? Y\_\_\_\_ N\_\_\_\_**

**Divorce Reason(s):\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**List 3 qualities you like *most* about your partner List 3 qualities you like *least* about your partner**

**1. 1.**

**2. 2.**

**3. 3.**

**List 3 things you *like* doing with your partner List 3 things you *don’t like* doing with your partner**

**1. 1.**

**2. 2.**

**3. 3.**

**List 3 *strengths* your partner brings to the relationship List 3 strengths you bring to the relationship**

**1. 1.**

**2. 2.**

**3. 3.**

**Briefly describe any concerns you have about your partner’s friendships, work habits, finances, health, coping skills, values, etc.:**

**COUPLE CLIENT INFORMATION page 7**

**Partner #2 continued**

**List any “red flags” you had early in this relationship (even if they were ignored):**

**Describe efforts you have made to better your relationship:**

**Please list your specific goals for couple’s therapy at this time:**

**1.**

**2.**

**3.**

**I, \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_, give my written consent to share the information I have provided on this form with my partner, \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_, during couple’s therapy.**

**Partner #2 Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**